

EYE CONTACT SEVA CANADA NEWSLETTER

FALL 2016











@SEVACANADA

BLOG.SEVA.CA

SEVA.CA

50 YEARS OF SIGHT



Dear Seva Supporters,

50 years of sight; that's what Seva donors give a child each time they fund a pediatric cataract operation. Yet worldwide few children are receiving treatment because pediatric cataract surgery is complicated: it requires a specialized lens and general anesthesia, and it requires both a referral system to get children in for care as well as a follow-up system to ensure they get the glasses, additional treatment and low vision devices they need to achieve the best possible sight as they grow.

Parents do not know about available eye care services or whether they should give their children over to the medical team's care. They must travel long distances and stay for days in hospitals, places where village people usually go to die. They will risk leaving

their family, farm and community if they believe their child will have a better life.

Nowhere is community ophthalmology more powerful than when bringing children together with care. Nowhere do community workers, usually women, provide more awareness, facilitate access more personally or provide more community level support for the family involved. And nowhere are community women more important in supporting the years of ongoing care.

Seva funded pediatric programs reach the most children and have the best results by:

- Using a multi-dimensional, community-based approach to find blind or visually impaired children
- Creating a tracking system for those children who have been identified

- Providing counselling to parents before and after surgery so they understand their critical role in ensuring the best possible outcome for their child
- Removing barriers by providing free transportation to hospital for children and parents
- Providing free medicine, anesthesia and surgery and,
- Creating a follow-up program to ensure children receive appropriate care, low vision devices, and educational placement.

An estimated 1.4 million children in the world are blind, more than half of them needlessly blind due to cataract. Treatment allows them to learn and lead productive, independent lives.



This is Dorothy Maduka, she is 8 years old and lives in Chikwawa District, Malawi. Her parents are farmers and she has 6 brothers and sisters.

Dorothy was found at home by a female community health worker going door to door in her village looking for children with eye problems. Dorothy had a developmental cataract and was blind in one eye. Thanks to Seva donors Dorothy and her mother's transportation to the hospital in Blantyre, their food and accommodation, the costs of the surgery and the ongoing costs of Dorothy's follow-up care were all funded.

Thank you for bringing Dorothy 50 years of sight.

Penny Lyons
Executive Director



JOIN US AT OUR ANNUAL GENERAL MEETING (AGM)

CELEBRATE ALL THAT WE HAVE ACCOMPLISHED TOGETHER OVER THE PAST YEAR

The evening will include a moving visual presentation by Susan Erdmann shedding light on Africa – a continent made up of more differences than one can imagine and greater challenges and possibilities than one could know. Hopefully you will discover a new view of Africa and gain greater understanding of its past, its future and how Seva is making an important contribution.

Please note: Everyone is welcome to attend the AGM, however, to be considered a member of Seva Canada Society and eligible to vote at our Annual General Meeting a person must have donated \$20 between November 1, 2015 and October 31, 2016.

Any member may be nominated to the Board of Directors by submitting a letter signed by a nominator and a seconder, both of whom must be members in good standing of the Seva Canada Society. Letters can be sent to the Seva Canada office to the attention of the Chair of the Governance and Nominating Committee.

The Governance and Nominating Committee's mandate is to review all nominations and recommend the membership candidates for election who meet the Board's criteria.

All nominations must be received by October 18, 2016, a minimum of 30 days prior to the date of the AGM.



DATE: Friday, November 18, 2016

TIME: 7pm

LOCATION:

BMO Great Hall VanDusen Botanical Garden 5251 Oak St., Vancouver, BC

Space is limited.

Please RSVP at 604-713-6622 or at http://bit.ly/RSVP2016AGM

SWEAT FOR SIGHT THIS WORLD SIGHT DAY



World Sight Day is the annual day of awareness focusing global attention on blindness and visual impairment. This year it falls on **Thursday, October 13th**.

On and around this World Sight Day, we're encouraging people to get sweaty

for sight! Individuals, companies, studios, gyms and teams will join together to get sweaty, create awareness about preventable blindness and raise funds to restore sight.

There are many ways to get involved:

- Start a fundraising page, set a fitness and fundraising goal and ask for help from friends and family until you meet both goals – aim to provide cataract surgery for a child by raising \$150.
- Get a group of friends and take pledges to do a difficult activity together – just \$5 can provide a pair of glasses.
- Challenge yourself to do 30 days of yoga, 30 days of fitness or eat spicy food for 30 days leading up to World Sight Day and let your friends know what you are doing through social media.

If you're sweaty and supporting Seva, there's no limit to what you can do! On World Sight Day the Seva staff will be participating by running a half marathon in the shape of a pair of glasses.

Stay posted on what is happening with Sweat for Sight by liking us on Facebook (facebook.com/sevacanada) or searching the hashtag #SweatforSight on Twitter and Instagram.

If you know a studio or gym that would like to participate by hosting a specialty class or donating an existing class, please email admin@seva.ca to get them set up.

For ideas and help, contact us at **1-877-460-6622** or admin@seva.ca

Happy sweating!

YOUR GIFT...THEIR VISION

"My sight is a miracle"

- Seva Canada cataract patient

After you've remembered your loved ones, include a gift to Seva Canada in your Will.

Call **604-713-6622** or email **fundraising@seva.ca** for more information.



MOTOWN MELTDOWN

MUSIC & DANCING FOR SIGHT!



GARFIELD WILSON AND WARREN DEAN FLANDEZ BRINGING DOWN THE HOUSE WITH THEIR MICHAEL JACKSON/UPTOWN FUNK MASH-UP

For the second year, Seva Canada was the beneficiary of Motown Meltdown, a fun, hip-shaking evening of song and dance.

Presented by **Nicola Wealth Management**, Motown Meltdown took place on March 19th at the iconic Commodore Ballroom in Vancouver. The evening showcased a wide range of songs from Motown to Memphis, New York and beyond. Classic hits were brought to life by a line-up of 24 solo artists and a smokin' 12-piece band.

The night was full of wonderful twists and surprises, with nine performers new to the show and several new Motown tunes. Garfield Wilson and Warren Dean Flandez brought the house down with a Michael Jackson tribute mashed-up with modern hit, Uptown Funk, and got the Commodore's famous dance floor shaking.

A dance floor full of sparkling blue flashing glasses worn by Seva supporters who made a \$50 donation to restore a person's sight.

All the moving, grooving, flashing lights and fun raised \$40,000 that will restore

the sight of 800 people in remote and rural areas in 13 developing countries.

Our sincerest thank you to Motown's title sponsor Nicola Wealth
Management and all of the incredible performers who donated their time, energy and talent. We would also like to thank the hosts David Wills and Angela Kelman, musical directors David Sinclair and Steve Hilliam and our wonderful producer Kendra Sprinkling.

Motown Meltdown was sponsored by CTV, the Vancouver Courier, the Westender, East Van Graphics, Peacock and Martin, and EYELAND Framemakers.

This amazing event wouldn't have been possible without our crew of wonderful volunteers who made the night such a success, thank you!

Couldn't come last year? Not to worry, Motown Meltdown will be "taking the stage" next year on **April 8th**, **2017** at the Commodore Ballroom. Come and dance the night away while supporting Seva's eye care programs.



FATHER-DAUGHTER DUO OLIVIA STEELE FALCONER AND DAVID STEELE STOLE THE SHOW WITH THEIR RENDITION OF AIN'T NO MOUNTAIN HIGH ENOUGH

THE KEY TO FINDING KIDS

In Madagascar, an island country in the Indian Ocean off the coast of East Africa, close to 80% of the population lives in rural areas, depends on subsistence farming and survives on less than \$2 per day. Since Malagasies rely on the productive ability of their family unit, the fact that 140,000 children in Madagascar are blind or visually impaired adds a significant burden to their already difficult lives.

Since 2009, Seva's Malagasy partners have offered pediatric services, yet have struggled to find children with eye problems and convince families to use their services, even when offered free of charge. Seva's partners in Antsinanana and Antananarivo, and more recently in Sava and Antsirabe, have been using an innovative outreach strategy whereby a network of community workers, called Key Informants (KIs), are trained to find and refer children who need eye care. This strategy involves holding a training session on basic eye conditions, asking newly trained KIs to travel through their villages to identify children with eye problems and ensure the children they identify are brought to an upcoming outreach camp to receive the care they need.

At each outreach camp, about 1/3 of these children are treated immediately with medicines, glasses, and other simple procedures, 1/3 are brought back to the local eye hospital for further treatment, and 1/3 are sent to the capital, Antananarivo, for specialty care. This results in hundreds of children being able to see each year, simply by providing basic knowledge



and leveraging existing relationships to help the community help itself.

This year, each of our sites in Madagascar are doubling their outreach program and expect to:

- Train 575 Key Informants
- Examine over 3,000 children referred by Key Informants
- Operate on 110 blind children
- Provide 800 eyeglasses for children with severe low vision

• Rehabilitate 30 children with untreatable low vision

Seva is also acting as a mentor to its Malagasy partners by helping them to collect data on their KI program in order to publish and share their findings with eye care programs across the globe. By continuing to pilot new strategies and by measuring and sharing success, Seva is helping to ensure that families in Madagascar and beyond have a better chance to succeed, now and into the future.



AT AN OUTREACH CAMP DR. RICHARD, A MALAGASY OPHTHALMOLOGIST, EXAMINES PEDIATRIC PATIENTS FOUND BY A KEY INFORMANT

6.8 MILLION CHILDREN BUT JUST 1 OPHTHALMOLOGIST



DR. GERALD MSUKWA PERFORMING SURGERY

Dr. Gerald Msukwa is the only pediatric ophthalmologist in Malawi and we sat with him to ask questions about children, blindness and eye care in Malawi.

Q. How did you come to be an ophthalmologist?

Gerald: Well, originally when I was studying, I wanted to be a neurosurgeon. But on my first round of rotations I was placed in dermatology and after two days I realized I didn't like it, next I tried radiology and again after two days I didn't like it, until finally I started my rotation in ophthalmology. Immediately I liked the people and how passionate everyone was about what they did. I also really like the technology aspect of ophthalmology. This made me want to be an ophthalmologist.

Q. How did you come to be a pediatric ophthalmologist?

Gerald: When I was first starting out, I had the opportunity to do research in blind schools. From the research we did we found that most of the children in these schools would never have been blind if they had been treated early enough, and this motivated me to go back to school and study pediatric ophthalmology.

Q. What does the burden of blindness look like in Malawi?

Gerald: Children who are blind don't go to school. They have no opportunities, no future. For most children who are born with cataract, their families are too poor to send them to a blind school and having a blind child is hard on the family because that child cannot help the family earn money.

Q. How do you reach people who are in need of eye care but face barriers to access?

Gerald: To find children, we used to look in blind schools, but that was the wrong approach. Because the children in those schools could no longer be helped, it was too late for them.

Now, we choose a remote area and we train local volunteers to write down all the children and adults with eye problems in that community. Then we send a representative from the hospital. This person brings glasses and medicine and can treat some people on the spot. For the people that need surgery, they refer them to the hospital and we pay for their transport if they cannot afford it themselves.

Another way is to establish a Community Eye Centre, which acts like the representative but is a permanent clinic in rural communities.

Q. What are some of the challenges with treating children?

Gerald: Children need a lot of follow-up. For adults, you can do a surgery and that is it, they can see again. But children, especially children who have congenital cataracts (born with cataracts), their eyes need to be taught how to see. They need glasses and follow-up care until they are adults and their eyes stop growing. If you cannot follow up with a child it is like you never did the surgery because their vision stays so bad.

Q. What are some of the ways you follow up with children?

Gerald: We just started a new system. Even in the most remote villages, someone has a mobile phone. So we take down that number and send a notification to them when the child needs to come in for follow-up. If they do not come in, the system lets us know so we can send someone to their home to get them.

Before this system only 10% of children followed up. Now 80-85% come back. We also pay for transport for the child and mother and reduce the amount of time they have to be in hospital so it is less of a burden on the family.

Q. What is your favourite patient story?

Gerald: I have two. The first is of a lady, she is now 20 years old and she had been blind since she was 8. She never went to school and is now trapped in a bad marriage. We weren't sure we could help her but since her vision couldn't get worse she agreed because she had nothing to lose. When she opened her eyes after surgery she saw her children for the first time, she was amazed and so happy. And when she saw her husband she turned to us and said "I had no idea my husband was so ugly!"

The second story is of a girl who was 14. She had been blind since she was 5. When she opened her eyes she went straight to the mirror, and like any 14-year-old girl turned to us and said "I think I need a haircut!"



RATTANA WEARING HER NEW PINK GLASSES

Students who attend this school come from impoverished homes. These children are not able to attend regular public school because their families cannot afford the fees to purchase school uniforms. The cost to attend this special school is covered through grants and donations. Instead of working their childhoods away in the fields, these children are given the greatest gift they can imagine — an education.

At this school was an eleven-year-old girl named Rattana. Her parents divorced and separately moved to Thailand to work as unskilled laborers. Because wages for unskilled labor are so low, neither one is able to send money home. Rattana and her four siblings now live with their grandparents, who struggle to make ends meet.

When Rattana was younger, she had an accident that injured one of her eyes. The accident left her with poor vision, strabismus, known more commonly as cross-eye, and low self-esteem. Her eyes looked different than the other children's and she was relentlessly teased. She was unable to play sports at school because she lacked the necessary hand-eye coordination and depth perception. Reading was challenging and she struggled in class because she couldn't see the blackboard.

Just by chance, a longtime Seva donor, Marissa and her husband were at Rattana's school teaching English. Having had strabismus as a child,

PRETTY IN PINK...GLASSES

This past February, students and teachers at a rural school in Cambodia experienced firsthand how the support of Seva donors could change their lives forever.

Marissa knew it could be fixed by surgery, so she contacted the Seva team who arranged for Rattana to get the eye care she needed at one of Seva's nearby partner hospitals.

After the surgery, Marissa realized that there might be other children at Rattana's school with eye problems.

"The ah-ha moment came when we noticed, in looking out over the masses of faces in our classrooms, that there was but one pair of glasses in the entire school (in addition to the ones Rattana received after her surgery) and those belonged to a student whose father was one of the teachers at the school," said Marissa. "We realized that there were likely many students at the school who could not even see the new white boards."

Again, Marissa contacted Seva and arranged for the Seva Cambodia outreach team to visit the school. Through the school screening program supported by Seva donors, all 350 students and staff received eye exams. Seventeen children and four teachers were diagnosed with visual impairment.

Two days later, prescriptions filled, the students and teachers proudly put on their beautiful new glasses — some of them putting on glasses for the first time in their lives.

"When we were leaving the school after the eye exams and Rattana was wearing her new pretty pink glasses, she took my hand and beamed up at me and said 'Thank you!" shared Marissa. "Rattana knew her life had changed!"



RATTANA AND SOME OF HER CLASSMATES WITH THEIR NEW GLASSES

THE FUTURE IS BRIGHT

100 PEOPLE CAN SEE THANKS TO INTERACT CLUB

Over the course of the last school year Windsor Secondary's Interact Club, a Rotary-sponsored service club in North Vancouver, raised an incredible \$5,000 for Seva Canada. We asked Cameron Carley, the club's Co-President, what they did to raise the money and why the club chose to support Seva Canada.



THE EXECUTIVE TEAM OF WINDSOR'S INTERACT CLUB

Q. Firstly, can you tell us a little bit about Interact Club?

Cameron: Interact is an international and local service group for ages 13-18. Our sponsor is the Rotary Club of Lion's Gate. Every year we tackle an international goal and a local goal. Our club is comprised of approximately 30 general members and 12 executive members and anyone may join at any time.

Q. What about Seva's work inspired you and the rest of the club?

Cameron: To pick our international

goal, the executive team brainstorms three different causes to choose from, and the general members take a vote. We really liked knowing that if we raised \$5,000 we would be providing 100 cataract surgeries. The concept of \$50 per cataract surgery worked in our favor because for one of our fundraisers, Entertainment Night, we sold tickets for \$10. We recommended that people find four other friends and together they could fund a cataract surgery. It is an amazing cause that inspired passion and drive within our club.

Q. How did Interact Club raise funds to support Seva's work preventing blindness and restoring sight?

Cameron: We had bake sales, sold candy grams around Christmas and Valentine's Day with profits going to Seva.

We also hosted two different awareness projects: We Go Silent and We Go Hungry. To participate in We Go Silent, a student must pledge a minimum of \$10, which means that they have to go without any communication for 24 hours. This includes talking, social media, texting, sign language, hand signals, and anything else that is considered to be communicative. This raises awareness for those in developing nations (mainly women) that do not have a voice in their community. We go silent to speak their story. We Go Hungry works very similarly. Students pledge a minimum of \$10, but this time, they go without luxury food items for a maximum of 24 hours. We provide rice for the participants at lunch, but otherwise, they are without food, only water.

This year, we also teamed up with our local Cobs Bread. Cobs Bread has something called a "Doughraiser," in which if a customer mentions Windsor's Interact Club, then a percentage of their sale goes towards our club.

Our last fundraiser, and easily our most successful, was Entertainment Night. This is Windsor's only talent show that showcases student talent. This year we had singers, dancers, miming, bands, musicians, and a show-stopping circus act. On silks hanging from the ceiling, a young woman performed tricks approximately 40 feet off the ground. It was an incredible performance that had

everyone on their feet at the end. To raise money, we sold tickets, put on a bake sale, sold concession items, and put on a silent auction. We raised \$2,624.24 from this event.

Q. What advice do you all have for other potential fundraisers or clubs who are thinking about getting involved with Seva?

Cameron: Our main advice to other fundraisers or clubs that are planning on raising funds for Seva is to really emphasize the fact that it is only \$50 for a cataract surgery. If you get groups of friends together and they all chip in some money, then this does not seem like a lot. Also give the donors information about the organization. Explain the benefits, the people, how it is done, absolutely everything. No one

is going to donate money without the full story behind it. It is an amazing cause and people will be very conscious of that

Q. What has been Interact Clubs' favourite part about raising funds for Seva?

Cameron: Windsor's Interact Club's favourite part of raising funds for Seva has been volunteering our time. However cheesy it may sound, there really is that special feeling to take time out of our day to help make a difference. As students we often think that we cannot make a difference in our community, let alone the world. Through Interact and Seva, we give our members the feeling that they can make a difference and that their contributions do matter. For the

executive team, it is an entirely different feeling to facilitate this entire process. The words pride, excitement, and joy come to mind. Seva has provided us with this amazing opportunity.

Thank you Cameron and Interact Club for all of your hard work. Thanks to you, 100 people will have their sight restored and when more people are able to see and lead healthy, productive lives, entire communities have a chance at a brighter future.



HOW YOU HAVE HELPED

YOU'VE HELPED MAKE SURE THE POWER OF SIGHT IS WITHIN REACH - EVEN IF A HOSPITAL ISN'T.

This past spring, the Seva community got involved, raised funds and gave generously to fund projects in remote and rural areas. You helped restore sight and prevent blindness in some of the poorest regions of the world.

Because of you:

- 95 Maasai women and 63 Maasai men received an eye exam in Ngorongoro region of Tanzania through Seva's microfinance outreach partnership
- The team in Debre Berhan, Ethiopia conducted 10 outreach visits into remote areas, treating hundreds of patients each time
- 25 screening camps took place in isolated regions of Nepal
- Thousands more people received the power of sight in
 13 developing countries

Thank you again for your support of Seva! Your commitment to providing eye care to people in the world's most remote areas will give entire communities a better future.



NO CHILD'S SIGHT SHOULD SUFFER SIMPLY BECAUSE OF WHERE THEY WERE BORN

Around the globe an estimated 1.4 million children live with blindness, and each year another half million will lose their sight. Most of these kids live in areas of the world where even the most basic eye care services continue to be out of reach.

Your gift today can support Seva's work to prevent and treat blindness for children around the world. From a pair of eyeglasses costing just \$5 to sight-restoring surgery and follow-up care costing \$150, your gift today can create the future children deserve – no matter what country they call home.



Please accept my gift of: \$
I prefer to give by:
☐ Visa ☐ MasterCard
☐ My cheque to Seva Canada is enclosed
Credit Card #

Exp. date_

☐ YES! I want to give the power of sight to children.

Cardholder Name

Signature _____

Name
Address
City
Province Postal Code
Telephone
Email
A tax-deductible receipt will be issued to the name on the cheque or credit card.
Please send your donation to Seva Canada using the enclosed

Seva Canada Society
Suite 100 – 2000 West 12 Avenue
Vancouver, BC V6J 2G2

INSPIRING SEVA DONORS



Nicole Spencer and James Rankin

Nicole and James have been incredible supporters of Seva for the last 5 years. They started their fundraising page in 2011 as part of their wedding registry and have fundraised for many different milestones since, from James' 30th birthday, to their daughter Claire's birth in 2013 and now Maëlle's birth in October, 2015:

"For Maëlle's arrival, we created a 50:50 baby pool game. For a \$5 fee, participants were asked to predict the baby's birth date, time, weight, and sex. The person with the closest guess received half of the winnings, and the other half went to Seva. Nicole and I also matched the total amount donated to Seva. In April, we travelled to Toronto to celebrate Maëlle's arrival with our extended families. This ceremony also provided an excellent opportunity to ask our families to donate to Seva, in lieu of gifts.

Nicole's father has volunteered countless hours to Seva for nearly 30 years. As a result, Nicole has been fortunate enough to see firsthand the organization's impact on the lives of so many. We are inspired by the many ways that Seva's work makes the world a better place."

Since they started fundraising, Nicole, James, Claire and Maëlle have helped restore the sight of 130 people!



Nick Radulovich

Nick set out to raise \$1,000 for Seva in the fall of 2015. He met with so much success he soon doubled his goal!

"My father's blindness was what actually led me to take part. At a very young age, I realized that my father had difficulties with his vision. About ten years ago my father had gotten into an industrial accident by getting electrocuted which permanently damaged his vision and led him to become legally blind. I see how hard it is for him, and I will continue to help others who struggle daily from blindness."

Nick plans to resume fundraising again now that he has graduated from high school. So far Nick has raised enough to restore the sight of 34 people and provide glasses for 5 people.



Atmo Katz

If you see a roadside produce stand in Senneville, QC, make sure you stop, it might be Atmo's! For the last twenty years, Atmo has been using her passion for painting and gardening to fundraise for Seva.

"My first passion is painting and it brought me to Seva about 20 years ago, just thinking of the precious gift of sight. Every year I auction off a painting with all proceeds to Seva under the theme "Art with a Vision." My second passion is gardening and it also raises funds for Seva. A veggie stand by the road sells my surplus, preserves and jams. The sign says "Take something - pay something' a total win-win situation. Good veggies and fruit for good works...both give me great satisfaction and motivation to continue. Thanks for all the good work and letting me participate!"

Using these two passions, Atmo has provided glasses for 158 people to see clearly again.

BECOME A MONTHLY DONOR

You can help blind people see again every day of the year. Join our Circle of Sharing family of monthly donors by visiting seva.ca or by calling 1-877-460-6622 toll-free.

"It makes me feel so good to know that my monthly donation is in the hands of people who care with such devotion, compassion and competence! As well, to know that people who I will never know can see the faces of their loved ones and the world around them because Seva does such a good job in bringing together the teams who can restore sight to those so in need."

- Arlene McGibbon Monthly donor



ABOUT SEVA CANADA

SEVA'S VISION

Seva Canada's vision is a world in which no one is needlessly blind or visually impaired.

SEVA'S MISSION

Seva Canada's mission is to restore sight and prevent blindness in developing countries.

SEVA'S GUIDING **PRINCIPLES**

We are guided by:

- Our belief in equal access to eye care for all
- Our belief that with adequate resources, all people can meet their own needs
- Our commitment to working with international partners to build local, sustainable eye care programs
- · Our respect for cultural, ethnic, spiritual and other forms of diversity
- · Our commitment to inform and inspire Canadians to join us in achieving our mission

HONOURARY PATRONS

The Honourable Lloyd Axworthy The Right Honourable Adrienne Clarkson

The Honourable Judith Guichon, OBC Lieutenant Governor of British Columbia

Leonard Cohen

CHAIR OF THE BOARD

Nancy Mortifee

BOARD MEMBERS

John Andru Ben Capps Paul Courtright Chuck Diamond Susan Erdmann Sasipriya (Sashi) Karumanchi Sheila Moynihan Laura Spencer Martin Spencer, M.D. Keith Thomson Vivian Yin, M.D.

OFFICE STAFF

Penny Lyons, Executive Director Dr. Ken Bassett, Program Director Deanne Berman, Marketing & Communications Director

Lisa Demers, Operations & Program Manager

Rebecca Foley, Communications & Development Coordinator

Seva Canada Society #100 - 2000 West 12th Avenue Vancouver, BC V6J 2G2

Tel: 604-713-6622 Fax: 604-733-4292 Toll-free: 1-877-460-6622

Email: admin@seva.ca

Website: seva.ca Registered Charity:

#13072 4941 RR0001

PHOTO CREDITS: These photographers have generously donated their photographs: ©Ellen Crystal photography, ©Jon Kaplan, ©Julie Nestingen, ©Paulo Patruno www.paolopatrunophoto.org, ©Penny Lyons.