

SWEAT FOR SIGHT 2018—EVENTS



Vancouver

- October 11th: The Bar Method, West Vancouver, \$5 donated per person attending the designated class
- October 13th: Curves Kitsilano, Zumba in the Circuit class at 10:30am

Edmonton

- September 28th: Tru Ride, Glow Bright and Tight Ride
- October 11th: Yogalife Studios, blindfolded yoga class, one at each studio

